



Virginia Department of Veterans Services  
Virginia Veteran and Family Support

# MISSION: HEALTHY RELATIONSHIPS



A relationship enrichment workshop for committed couples who may be experiencing relational stressors to include Military Operational Stress perhaps from deployments, the effects of Post-Traumatic Stress Disorder (PTSD) and/or Traumatic Brain Injury (TBI).

*(There is no cost to participate in this workshop  
Hotel Room and Meals are provided.)*

Presented by Virginia Veteran and Family Support  
Virginia Department of Veterans Services

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**DATE:** July 19-21, 2019  
Starts Friday at 6:30 pm  
Ends Sunday by 12:00 pm  
Check in is Friday 4:30 - 6:30 pm

**LOCATION:** The Crossings  
Hotel and Conference Center  
1000 Virginia Center Pkwy  
Glen Allen, VA 23059

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**REGISTRATION:** To register, email Erika Lawhorn at [erika.lawhorn@dvs.virginia.gov](mailto:erika.lawhorn@dvs.virginia.gov) or call (804)389-3623.

*NOTE: This workshop will have space available for 20 couples.*